



## RBMC COVID POLICIES & GUIDELINES 2020

Although there is still fear and great concern regarding COVID 19 regarding group gatherings, after careful consideration and consultation with respected medical professionals from our region, we have decided to go ahead with the camp, implementing strict health and safety policies, and limiting overall attendance and class sizes to minimize risk. Anyone who is uncomfortable with our policies and guidelines or has any kind of underlying health issues, should not attend this camp.

To ensure the safety of our attendees, instructors, and staff:

- All students must fill out a health waver and have no underlying health concerns and understand not only the risks of COVID19, but also of being at 8000 ft elevation
- Attendance will be limited to 32 people total plus instructors and staff
- Core instructors will be from Arizona only, including local Flagstaff instructors and we are encouraging attendance be limited to regional students vs. people traveling from other states also to cut down on the possibilities of people bringing the virus with them. We will not accept anyone who would need to travel here by plane
- You can camp in any type of rig, and there is a lot of room in the forest and a large dirt parking area for RVs at AZNV so everyone can have lots of space between each other
- Class sizes and jamming sessions will be limited to no more than 6 people plus instructor(s) so we can safely social distance in classes both inside and out
- Total guest attendance, who must be accompanied by a paying student, will be limited to 5 total – and only 1 guest per student on a first come, first serve basis. Guests are not allowed in any classes

### **MASKS**

Some instructors may prefer that students wear masks in their classes especially classes held inside the large yurts. Windows will be open and there is plenty of room to distance by no less than 6 feet. Therefore, please bring masks for certain situations and respect the instructors' rules. You will not be required to wear a mask outside and most everything happens outside at this camp

### **Food**

- We will supply really good, strong coffee daily from local roasters, and locally commercially-baked pastries, but we will not be serving breakfast or lunch to minimize health risks. Students will be responsible for bringing their own breakfast and lunch.
- Dinners are included and will be prepared in an off site commercial kitchen and lovingly created and delivered by certified food handlers. (Dinners will vary nightly with a GF option, vegetarian or vegan option. If you are Celiac or have other food allergies you may choose to bring all your own food, but there will be no discounts. See Meals on main site)
- We will supply some paper and plastic ware, but we prefer you bring your own eating utensils, plates and cups and have your own set up to wash your stuff—soap, dishpans, etc. We can provide hot water and dish soap daily for support with this, again to ensure the health and safety of everyone

### **Group areas (cleanliness/sanitation/social distancing)**

- We will take every precaution to have the porta-johns and group areas sanitized and serviced often to ensure cleanliness.
- We will have more hand wash stations set up outside all group areas and provide hand sanitizer and alcohol wipes at all stations
- We will not have a big group dining area this year—but we may set up smaller eating areas and socializing/jamming areas with enough space between folks. It is probably prudent to eat with the folks you are with or in smaller groups, still practicing social distancing.
- Jamming in group areas will need to happen with distancing guidelines and only in small groups with a minimum of 6' apart